

Asthma Awareness

Asthma is a serious chronic respiratory disease that affects the quality of life of more than 25 million Americans, including an estimated 4 million children. Although there is no cure for asthma yet, asthma can be controlled through medical treatment and management of environmental triggers.



Scan the QR Codes below to access each EPA Asthma resource, or scan the code to the right to explore EPA's Asthma website.

Asthma Community Network

This network provides an interactive space for communitybased asthma programs and the organizations that sponsor them to exchange best practices and lessons learned.





Help Your Child Gain Control Over Asthma

This brochure offers tips on how to manage asthma and follow simple steps to minimize exposure to asthma triggers found indoors and out.





Asthma Triggers Infographics

This collection of infographics provides a brief overview of different asthma triggers and ways to reduce exposure.





Strategies for Adressing Asthma in Homes

Using this home assessment tool, a trained home visitor can help find common asthma triggers in homes and discuss ways to reduce and remove triggers to make homes healthier.





Dusty the Goldfish and His Asthma Triggers Funbook

This educational activity book helps children learn more about asthma triggers.

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Climate change poses many threats to human health and well-being, including increasing the risk of asthma attacks. To learn more, visit EPA's **Understanding the Connections Between Climate Change and** Human Health webpage.

